

Specialised in supporting women, children & young people to stay safe from domestic abuse

~ Quote of the Quarter ~ "A Feminist is any women who tells the truth about her life" ~ Virginia Woolf

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**AUTUMN 2019** 

## **SPOTLIGHT ON CASWA**

We are currently supporting: 64 WOMEN & 54 CHILDREN & YOUNG PEOPLE

In September we have received **19 new referrals to our service** and our team covered a total of **3,917 miles** to provide support to women children & young people.

We took part in the Scottish Women's Aid annual census to help evidence the work done by Women's Aid service across the country.

We have spent some time working alongside our website developers to bring you our new and improved web page! You can find it <u>here</u>.

Our Volunteer and Women's Team alongside women who attend our groups have, been busy making Christmas cards which will be available for sale.

## Coercive Control Performance is an Eye- opener.



Over 80 of North Highland College UHI, students and tutors attended the Naomi Breeze "Kaleidoscope" production which CASWA worked in partnership with the college to bring to the campus as part of fresher's week. Read the UHI Report <u>here.</u>

## What's next?

16 days 25th Nov - 10th Dec this is an awareness raising campaign for action against domestic abuse

A few of our team will be attending the Scottish Women's Aid Conference in November

We will have various Christmas displays around both counties which both the Women's team and the children & young people's team have been working on

15 years of CASWA in 2020

## ~ box of gratitude ~

CASWA are hugely grateful to our wonderful and dedicated volunteer Annie who is a great support to our awareness raising by distributing our advertisement products across both, counties to help promote our services; and has developed her own new project!

The Gift Project ~ this allows us to distribute much needed items to women, children & young people. Such as clothing, hygiene products and other essentials.

Are you following us on social media..? Find us on FB ~ Caswa / Instagram ~ caswa\_womensaid Tel: 0345 408 0151 (Mon-Fri, (9am-5pm) Website: www.caswa.org.uk E-mail info@caswa.org.uk